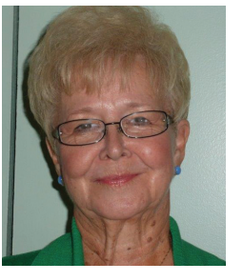
From the Director



Carolyn Fredricks

Are we experiencing the dog days of summer?

According to my research, that is halfway through the month of July and half of the month of August when it is really hot and humid. So based on that explanation, we are!

I understand we are in for some really hot days in August. It's nice and cool here at MMC, so stop in and have lunch with us.

Construction Update: The construction is coming along and soon the project will be completed. The entrance looks beautiful! Before we can finish, new electric service must be hooked up. In order to do that, we need to have a two day shut down. And, Unfortunately, it can't be done on the weekend. That shutdown is scheduled for Monday and Tuesday, Aug. 11 and 12. Operations will resume on Aug. 13.

We still anticipate the project to be completed in September. I know it has been inconvenient for everyone, especially our Meals on Wheels drivers, but the end is in sight. After the new entrance and welcome center are finished, the crew will start work on the fitness center expansion. The last phase will be the kitchen.

Tickets go on sale Monday, Aug. 4 for the production "Ebony Movie Soundtracks." Directed by Henry Greene, you don't want to miss this one! Get your tickets early, it will be a sell-out.

Membership renewal is coming up in September. Stop by Member Services to renew. Don't forget there will be some paperwork that must be completed. This is a requirement for our funding source, so be kind to Bambie and Marcella when they ask you to complete the forms.

Speaking of funding sources, our new budget year for the nutrition program begins in October and we will see a few changes, especially with Grab and Go. The good news is that Grab and Go will continue but with a few modifications. One of the most important being that you MUST call in advance for your meal. There will be no more extras there for those who decide at the last minute they would like to have a meal. Meal serving time here in the dining room starts at 11:30, so take a few minutes to join us for lunch!

I will keep you posted about any other changes that may be coming.

I was reminded recently how important it is to count our blessings. My only remaining son recently had some very serious eye trauma, in fact he still does not have vision in one eye, but I thank God for Wills Eye, where major surgery was performed. We are expecting a full recovery, but it has been a very stressful time for the family. I know prayer works. I see the proof in my son, even though he still has some recovery. I am counting my blessings every day for the skills of the surgeons and for answered prayers.

Stay cool during the dog days, stop in to see your friends at MMC and don't forget to count YOUR blessings.

The new Welcome Center entrance includes a covered ramp and portico.
Photos by Cate Lyons

MMC Meals on Wheels volunteers got together for a paint night, July 26, to decorated canvas totes. Back row, L-R: Erin Pittman, Daisy Williams, Janice Rawlings, Mike Delaquilla, Paula Crawford, Bonnie Best, Savannah Pittman, Joane Dallago. Front Row, L-R: Dreydin Williams, Sereen Pittman, Ruth Fretz, Savannah Williams, Carol Davis, Teri Allen. *Phot by Karen Porterfield.*