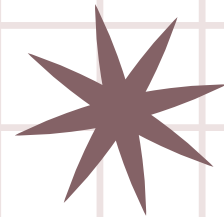


GAME ON!



YOU MUST BE A MEMBER OF THE MODERN MATURITY CENTER TO PARTICIPATE.

MONDAY

Duplicate Bridge

9:30AM-2:00PM AR #4

Scrabble

12:00PM-3:00PM AR #8

Pinochle

12:00PM-5:00PM AR #8

Rummikub

12:30PM-2:45PM AR #4

Bid Whist

3:00PM-5:00PM AR #8

TUESDAY

Mahjong

11:30AM-2:45PM AR #4

Chicken Foot

12:00PM-3:00PM AR #8

Pinochle

12:00PM-5:00PM AR #8

Bid Whist

3:00PM-5:00PM AR #8

WEDNESDAY

Scrabble

12:00PM-3:00PM AR #8

Pinochle

12:00PM-5:00PM AR #8

Dominoes

12:30PM-2:45PM AR #3

Bid Whist

3:00PM-5:00PM AR #8

THURSDAY

Chess

9:00AM-11:45AM AR #4

Bridge

12:00pm-2:45pm AR #3

Mahjong

12:00PM-2:45PM AR #4

Chicken Foot

12:00PM-3:00PM AR #8

Pinochle

12:00PM-5:00PM AR #8

Bid Whist

3:00PM-5:00PM AR #8

FRIDAY

Duplicate Bridge

10:30AM-2:45PM AR #4

Chicken Foot

12:00PM-3:00PM AR #8

Scrabble

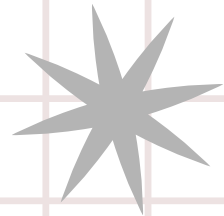
12:00PM-3:00PM AR #8

Pinochle

12:00PM-5:00PM AR #8

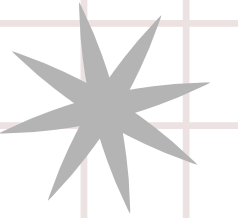
Bid Whist

3:00PM-5:00PM AR #8



PROGRAMS AT A GLANCE!

YOU MUST BE A MEMBER OF THE MODERN MATURITY CENTER TO PARTICIPATE.



MONDAY

Budget Bootcamp
10:15AM-11:15AM AR#1
2nd & 4th Monday

TUESDAY

Bible Study
9:30AM-10:15AM AR #7

Medicare Counseling
10:00AM-2:00pm AR #1
By Appointment Only

Gospel Singing Workshop
10:00AM-10:45PM AR #3

Visually Impaired Support Group
12:00PM-2:45PM AR #3
3rd Tuesday each Month

Hearing Loss Circle Chats
1:00M-2:00PM AR #7
1st Tuesday each Month

WEDNESDAY

Quilters
9:00AM-11:45AM AR #1

Learn to Quilt
9:30AM-11:45AM AR #1

Meditation
10:00AM-11:00AM AR# 8

Massage Therapy
10:30AM-3:00PM AR #7
By Appointment Only

Bible Study
11:00AM-11:45AM AR #3

Twisted Stitchers
12:00PM-2:45PM AR #1

THURSDAY

Visually Impaired Support Group
10:00AM-11:45AM AR #3

Book Club
12:00PM-1:00PM AR #1
Last Thursday each Month

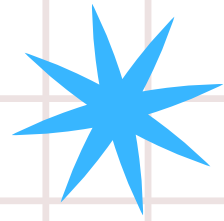
FRIDAY

Foot Doctor
8:30AM-12:00PM AR #6
By Appointment Only

P.U.S.H.
9:00AM-10:00AM
West Conference Room

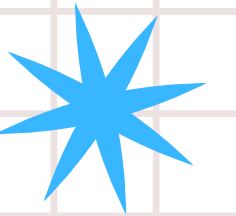
Needlework
9:00AM-2:00PM AR #3

Pum Up Your Brain
1:00PM-2:15PM AR #1



PALMER ROOM CLASSES

YOU MUST BE A MEMBER OF THE MODERN MATURITY CENTER TO PARTICIPATE.



MONDAY

Low Impact Aerobics

8:45AM - 9:45AM

Beginner Line Dance

10:00AM - 10:45AM

Couples Partner Dancing

11:00AM - 11:45AM

Soulsations

12:30PM - 1:15PM

Broadway Advanced

1:30PM - 3:15PM

TUESDAY

Get Up and Move

8:00AM - 8:45AM

Dancing In Your Chair

9:00AM - 9:45AM

Bingocize

10:00AM - 10:45AM

Improver Line Dance

11:00AM - 11:45AM

Contemporary Line Dance

12:00PM - 12:45PM

Broadway Too

1:00PM - 2:45PM

WEDNESDAY

Beginner Line Dance

9:30AM - 10:45AM

Soulsations

11:15AM - 12:00PM

Ran's Tai Chi \$\$

1:30PM - 2:30PM

Wellness Center Class

Tai Chi with Donna \$\$

2:30PM - 3:30PM

Wellness Center Class

Body Sculpting \$\$

4:00PM - 5:00PM

Wellness Center Class

THURSDAY

Intermediate Line Dance

9:00AM - 9:45AM

Improver Line Dance

10:00AM - 11:15AM

Contemporary Line Dance

11:30AM - 12:15PM

Double Dutch Therapy

12:30PM - 2:45PM

Intro to Theater

2:00PM - 3:15PM

FRIDAY

Low Impact Aerobics

8:45AM - 9:45AM

Dancing In Your Chair

10:15AM - 11:00AM

Bingocize

11:15AM - 12:15PM

Extreme Beginners Line Dance

1:00PM - 2:45PM